M E D · E D Since 1983

OCN®/BMTCN® Exam Review

Course Description

This three-day course is designed for oncology nurses seeking a general oncology review in preparation for the ONCC® OCN Exam and BMT oncology nurses seeking a review in preparation for the ONCC® Blood & Marrow Transplant Certified Nurse (BMTCN®) Exam. The first two days will focus on the following categories from the 2016 OCN blueprint: cancer epidemiology, health promotion and cancer screening, scientific basis for practice, treatment modalities, symptom management, psychosocial care, oncologic emergencies, palliative/end-of-life care and survivorship. This is not meant to be an introductory course, but rather a comprehensive review of basic oncology nursing practice. The third day will focus on the following categories from the BMTCN® 2016 test content outline: indications for transplantation, types of transplants and stem-cell sources, pretransplant care, preparative regimens, stem-cell infusion, graft-versus host disease, post-transplant care, survivorship and professional practice. This is not an introductory course to BMT, but rather a comprehensive review of BMT oncology nursing practice.

Program Learning Outcomes

This program prepares the learner to:

- Discuss and practice test-taking skills and strategies.
- Review the assessment and diagnostic findings associated with oncology conditions and diagnoses.
- Identify the nurse's role in the management and care of patients across the cancer trajectory.
- Discuss the clinical presentation and evidence-based intervention of common oncologic emergencies.
- Identify models of survivorship in oncology practice.
- Review the basic concepts for pre- and post-transplantation.
- Identify the nurse's role in the management and care of BMT patients across the transplant trajectory.
- Discuss the clinical presentation and evidence-based interventions of common issues in BMT.
- Identify key survivorship issues in BMT and professional oncology practice.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:30 pm OCN® only

0800	Welcome and Introduction, Test-Taking Strategies
	OCN Eligibility Application and Testing Process Study Resources Test-Taking Tips

0830 Epidemiology, Screening and Prevention

Terms and Concepts | Incidence and Mortality | Health Promotion | Levels of Prevention | Screening | Risk Factors | Attributable Risk | Risk Assessment

0930 Break

0945 Scientific Basis for Oncology Practice

Carcinogenesis | Genetics and Genomics | Cancer Grading and Staging | Cancer Types | Clinical Trials

1130 Lunch

1230 Treatment Modalities and Related Nursing Implications

Surgery | Radiation Therapy | Chemotherapy | Biologics and Targeted Therapies | Blood and Marrow Transplantation

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1345 **Break**

1400 Symptoms Management

Patterns | Toxicity & Grading Scales | Hematologic | Gastrointestinal | Genitourinary | Integumentary | Cardiopulmonary Function | Neurologic Function | Musculoskeletal Function | Nutrition | Pain | Complementary and Integrative Medicine

1630 Adjourn

Agenda

Day 2, 8:00 am to 4:30 pm OCN® only

0800 Follow-up Questions, Introduction

0815 Psychosocial Impact of Cancer

Cancer and Post-Traumatic Stress Disorder | Emotional Distress and Supportive Care | Risk Factors and Interventions | Fertility | Sexuality | Coping Mechanisms and Cultural Issues

0930 **Break**

0945 Metabolic Oncologic Emergencies

DIC | TTP | Infection | TLS | SIADH | Hypercalcemia | Hypersensitivity Reactions | Anaphylaxis | SCC | SVCS | ICP | Cardiac Tamponade | Obstructions | Pneumonitis

1200 Lunch

1300 Cancer Survivorship

NCCN Definition | Late and Long-Term Effects | Barriers | Components | Templates | Resource

1400 Palliative Care Concepts and End-of-Life Issues

Palliative Care Models| Hospice | Grief Theory | Bereavement | Interdisciplinary Team | Community Resources | Caregiver Support | Comfort Measures

1515 **Break**

1530 Regulatory Agencies and Issues of Professional Practice, Evaluation

Scope and Standards | Standards of Professional Performance | Local, State and National Resources | Patient Education Process | Evidence-Based Practice | Legal Issues | Ethical Issues | Patient Advocacy | Compassion Fatigue | Quality Improvement | Professional Development | Multidisciplinary Collaboration | Cancer Care Navigation

1630 Adjourn

Day 3, 8:00 am to 4:30 pm BMTCN® only

0800 Introduction

Welcome and Introduction | Eligibility | Application and Testing | Study Resources | Test-Taking Tips

0830 Basic Concepts and Indications for Transplantation

Hematopoiesis | Immunology | Role of Caregiver | Goals of Therapy | Indications for Transplant

0900 Types of Transplants and Stem-Cell Sources

Autologous | Allogeneic | Other Therapies | Peripheral Blood | Bone Marrow | Umbilical Cord Blood

0930 Break

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0945 Pretransplant Care

Recipient Eligibility and Management | Donor Selection and Care | Stem-Cell Procurement

1045 Preparative Regimens and Stem-Cell Infusion

Intensity of Therapy | Chemotherapy | Radiation Therapy | Biotherapy | Immunotherapy | Targeted Therapies | Fresh vs. Cryopreserved | Infusion Management | Hematologic Compatibilities

1130 Graft-Versus-Host Disease Prevention & Management

Types of GVHD | Toxicity and Grading Scales | Common Symptoms and Evidence-Based Management

1230 Lunch

1330 Post-Transplant Issues and Management

Interventions | Hematologic | Hydration and Electrolyte Imbalances | Gastrointestinal | Nutritional | Genitourinary | Integumentary | Cardiopulmonary | Neurologic | Dermatologic | Dental | Ocular | Musculoskeletal | Psychosocial | Graft Rejection or Failure | Disease Relapse | End of Life

1500 **Break**

1515 Survivorship

Secondary Malignancy | Psychosocial Issues | Fertility | Sexuality | Quality of Life | Follow-up Care

1545 **Professional Practice**

Ethical and Legal Issues | Clinical Trials | Standards of Practice | Accreditation Standards | Continuous Quality Improvement | Professional Boundaries | Compassion Fatigue | Chemotherapy and Biotherapy Competence | Sources of Data for Evidence-Based Practice

1615 Conclusion and Wrap-Up

1630 Adjourn

Accreditation

RN/LVN/LPN/Other: 14 Contact Hours (Two Days Attendance)

Includes 3 Pharmacology Contact Hours 21 Contact Hours (Three Days Attendance) Includes 4 Pharmacology Contact Hours 7 Contact Hours (One Day Attendance) Includes 1 Pharmacology Contact Hour

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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